

Kathleen C. McCormick
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EDUCATION

- 2020-Present **Cornell University, College of Human Ecology, Ithaca, NY**
Doctoral Student in Developmental Psychology
- 2012-2016 **Cornell University, College of Human Ecology, Ithaca, NY**
Bachelor of Science in Human Development, with Honors
Honors Thesis: "Expected Outcomes of Co-Rumination in Emerging Adults"
Advisor: Jane Mendle, PhD

HONORS/AWARDS

- SIPS Commendation: Science for Improving Psychological Science award for podcast and youtube channel
- Human Development Honors Program, 2015-2016
- 2015 Marjorie A. Corwin Undergraduate Research Fellowship
- Dean's List, 2014-2015
- Division I Varsity Letters: Cornell Cross Country, Cornell Track and Field (Winter/Spring), 2012-2016

PUBLICATIONS

1. **McCormick, K.C.**, Hamlat, E.J., Haraden, D., Young, J.F., Hankin, B.L.. Vulnerability-stress and stress generation models of rejection sensitivity, peer stress, and depressive symptoms in youth. Manuscript in preparation.
2. Hamlat, E.J., **McCormick, K.C.**, Young, J.F, Hankin, B.L. Pubertal timing, gender, peer and parent-child stress: Specificity of prediction for depression and externalizing trajectories. *Child Development* (Under invited resubmission).
3. Hamlat, E.J., **McCormick, K.C.**, Young, J.F, Hankin, B.L. (2020). Early pubertal timing predicts onset and recurrence of depressive episodes in boys and girls. *Journal of Child Psychology and Psychiatry*.
4. McGuire, T.C., **McCormick, K.C.**, Koch, M.K., Mendle, J. (2019). Pubertal maturation and trajectories of depression during early adolescence. *Frontiers in Psychology*, 10, 1362.
5. Bertisch, S. M., Wiley, A., **McCormick, K.C.**, Muresan, C., Camuso, J., Albert, K., ... & Joffe, H. (2019). Cardiovascular reactivity and psychological hyperarousal in hot flash-associated insomnia disorder. *Menopause*, 26(7), 728-740.

NON-ACADEMIC PUBLICATIONS

1. **McCormick, K.C.**, McKone, K. M., & Mendle, J. (2015). Puberty and mental health. *ACT for Youth Center of Excellence*. Retrieved: http://www.actforyouth.net/resources/rf/rf_puberty_0915.pdf

PRESENTATIONS

1. **McCormick, K.C.**, Hamlat, E.J., Young, J.F, Hankin, B.L. (2019, September). Rejection sensitivity and peer stress: Longitudinal associations with depression in youth. Poster session presented at the Society for Research on Psychopathology Meeting, Buffalo, NY.
2. Haraden, D., Hamlat, E.J., **McCormick, K.C.**, Young, J.F., Hankin, B.L. (2019, September). Circadian preference timing and depressive symptoms in youth. Poster session presented at the Society for Research on Psychopathology Meeting, Buffalo, NY.
3. **McCormick, K.C.**, Nathan, M.D., Wiley, A.S., Joffe, H. (2018, April) Impact of depressive symptoms on acute stress response in midlife women. Poster session presented at the Harvard Psychiatry Research Day, Boston, MA.

4. Nathan, M.D., Sullivan, K.A., Wiley, A.S., **McCormick, K.C.**, Srivastava, A., Albert, K., Joffe, H. (2017, October) Cortisol response to acute stress in midlife women with vasomotor symptoms. Poster session presented at the North American Menopause Society Meeting, Philadelphia, PA.
5. Wiley, A.S., Bertisch, S., Camuso, J.C., Muresan, C.S., **McCormick, K.C.**, Sullivan, K.A., Taylor, J.A., Joffe, H. (2017, April). Physiological and psychological hyperarousal in hot flash associated insomnia. Poster session presented at the Sleep Meeting, Boston, MA.
6. Sullivan, K.A., Wiley, A.S., **McCormick, K.C.**, Srivastava, A., Nathan, M., Joffe, H. (2017, April). HPA axis and hyperarousal response to acute stress paradigms in midlife women. Poster session presented at the Harvard Psychiatry Research Day, Boston, MA.
7. **McCormick, K.C.**, Mendle, J. (2016, April). Expected outcomes of co-rumination in emerging adults. Poster session presented at Cornell Undergraduate Research Board Spring Forum, Ithaca, NY.
8. McGuire, T.C., McKone, K.M., **McCormick, K.C.**, Mendle, J. (2016, April). Rumination mediates associations of puberty and depression. Poster session presented at the Society for Research on Adolescence Biennial Meeting, Baltimore, MD.
9. Mendle, J., McKone, K.M., McGuire, T.C., **McCormick, K.C.** (2016, April). Pubertal status, pubertal timing and transdiagnostic processes. Conference paper presented at the Society for Research on Adolescence Biennial Meeting, Baltimore, MD.

RESEARCH EXPERIENCE

Project Manager

June 2018- July 2020

Youth, Emotion, Development, and Intervention Laboratory

Principal Investigator: Benjamin L Hankin, PhD

- Managed data collection and cleaning for an active, multisite NIH-funded R01 protocol, “Bending Adolescent Trajectories Through Personalized Prevention,” examining two different prevention programs to alter trajectories of psychopathology in adolescents.
- Assisted with semi-structured clinical interview and questionnaire data collection in association with two NIH-funded R01 protocols, “Bending Adolescent Trajectories Through Personalized Prevention,” and “Reducing Fetal Exposure to Maternal Depression to Improve Infant Risk Mechanisms,” a large-scale RCT examining women’s emotional wellbeing in pregnancy and infants’ developmental outcomes.

Clinical Research Coordinator

June 2016- May 2018

Women’s Hormones and Aging Research Program

Principal Investigator: Hadine Joffe, MD, MSc

- Coordinated study tests and procedures while adhering to study timelines for three active protocols: “Psychological and Autonomic Hyperarousal in the Treatment of Hot Flash-Associated Insomnia,” “Efficacy of Suvorexant in the Treatment of Hot Flash-Associated Insomnia,” “Stress Response in Midlife Women with Hot Flashes.”
- Administered physiological (thermal stimulation) and psychological (Montreal Imaging Stress Task) stress protocols, while collecting data on stress response through heart rate, blood pressure, and self-reported psychological distress.

Senior Research Assistant

May 2014- May 2016

Adolescent Transitions Lab, Cornell University, Ithaca NY

Principal Investigator: Jane Mendle, PhD

- Developed senior honors thesis, funded by Marjorie A Corwin Fellowship, including formulating a research question, designing a study incorporating both quantitative and qualitative methods, drafting and submitting a proposal to Cornell IRB; recruiting, collecting and analyzing data on 131 participants
- Trained and supervised junior research assistants in administering study procedures in association with an intervention study, “Life Changes and Expressive Writing Study,” examining expressive writing as an intervention for pre-pubertal and pubertal girls.

PROFESSIONAL ASSOCIATIONS

2016- Present Society for Research on Adolescence

TEACHING EXPERIENCE

Undergraduate Teaching Assistant

Spring 2015

Human Development Department, Cornell University

- Served as a teaching assistant for an upper-level undergraduate course, Human Bonding.
- Helped proctor and grade examinations; created supplemental lecture materials.

Tutor

Fall 2015

Athletics for Student Services

- Reviewed major concepts in data analysis and statistical testing, taught ANOVA, regression with undergraduates at Cornell University

OTHER EXPERIENCE

Co-Host, You Can Grad School Podcast

Ithaca, New York

Mar 2020- Present

- Create and disseminate resources for post-baccalaureate researchers and graduate students in social sciences.
- Record a biweekly podcast on the post-baccalaureate and graduate school experience, sharing resources related to coding, open science, and well-being.
- Blog about experiences and provide resources for PhD program applicants, such as sample personal statements, resumes, and interview advice.

Volunteer Cross Country and Track Coach

Urbana High School

Aug 2018- Sept 2020

- Assist with practices and races during the academic year (6-10 hrs/week).
- Met with athletes on an individual basis to consult on training and health related concerns

Chair, Meeting for Research Coordinators in Psychiatry (MRCP)

Brigham and Women's Hospital

Nov 2017- Jun 2018

- Established a new meeting for research coordinators in the Psychiatry Department to promote peer mentorship and career development opportunities.
- Invited researchers from local Boston hospitals to give career talks and scheduled speakers for monthly meetings.

Division I Athlete

Aug 2012- May 2016

Cornell Varsity Cross Country (Fall), Varsity Indoor and Outdoor Track (Winter/Spring)

- Practiced 6 days a week and competed on weekends during the academic year (20 hrs/week).